

**FOOD FROM THE  
CROSS TIMBERS  
FOOD CO-OP IS...**

... free of genetically  
modified ingredients  
(GMO)

... never from confined  
animal feeding operations

... clearly labeled as to all  
processes used to grow it,  
including whether or not it  
is certified organic

... grown by farmers right  
here in North Texas

**FOR MORE  
INFORMATION**

*Producer Contact:*

Lee Morrison  
940-382-7096

[lee.morrison@primacafe.com](mailto:lee.morrison@primacafe.com)

*Customer Contact:*

Lynn Sallee  
940-383-5780

[lynn@shalenopportunities.org](mailto:lynn@shalenopportunities.org)

*Website:*

[crosstimberscoop.org](http://crosstimberscoop.org)

*Online Discussion Group:*

[groups.yahoo.com/groups/NTFC](http://groups.yahoo.com/groups/NTFC)

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**CROSSTIMBERS  
FOOD  
COOPERATIVE**

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*Connecting North  
Texas customers with  
local farmers and  
craftspeople*

Are you looking for sustainable, natural, or organic foods or other goods and services, home-grown and home-made in North Texas by local farmers and artisans?

Are you a farmer or artisan interested in opening or expanding a local market for your wares?

If you answered "yes" to either of those questions, then the Cross Timbers Food Co-op is for you!

The Cross Timbers Food Cooperative is committed to developing a self-reliant, self-empowering community, by offering a retail exchange to the North Texas region for goods and services which are grown, produced, traded, and distributed locally, in a sustainable, equitable, and responsible manner.

The Cross Timbers Food Co-op sells only North Texas products, stocked by the farmers and craftspeople who produced them.

The vision is to create a cooperative business that embodies 3 key values:

- (1) business profitability
- (2) social responsibility
- (3) ecological sustainability

\*Orders are taken and delivered once each month.

\*Suppliers receive a single order list and bring their goods to a single collection center.

\*Deliveries are made to pickup points located throughout the North Texas region.

Only members may buy or sell through the co-op. A membership share costs a one-time fee of \$50 which can be paid out over time.

### Five Reasons to Buy Local:

1. **Local food is fresher and tastier.**
2. **Many customers are concerned about the safety of the corporate food system and globalized economy.**
3. **People want to support more natural and sustainable farm and business practices, including more humane treatment of animals.**
4. **Supporting local farmers and businesses boosts regional economic development (circulating our money locally increases prosperity for all).**
5. **Buying local conserves more energy than shopping for food and goods shipped from thousands of miles away.**